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## Regina East Zone Youth Soccer Association Inc.

### Parent Handout U4 to U12

Welcome to the REZYSA 2011-2012 Indoor season. This guide provides you with a brief overview of the upcoming season.

### **Important Indoor Season information:**

The 2011-2012 Indoor Season runs from **October 22, 2011** to **March 24<sup>th</sup>, 2012** for children **born between 1993 and 2007**. You can expect a phone call from your coach the second **last week in October**. The **windup tournament** is included within these dates and will take place on **Saturday March 17<sup>th</sup> and Saturday March 24<sup>th</sup>** for U04 to U12 age groups. U04 and U06 age groups will also have the opportunity to participate in the **Timbits Jamboree on Sunday April 1<sup>st</sup>**.

The games for the **U04, U06, U08, U10, and U12 will all take place on Saturday**. Games are scheduled any time **between 8:00 AM and 5:00 PM**. **U04 and U06** are developmental programs and are scheduled in a one hour timeslot with a 25 minute training session a 5 minute break, and a 25 minute scrimmage. **U08 to U12** are scheduled for a one hour and 15 minute time slot consisting of a 15-minute practice followed by two 25 minute halves separated by a 5 minute half time.

The schedule below provides a brief overview of the season:

<b>Season Calendar</b>	
October 15 <sup>th</sup>	Coaches Meeting
Week of October 16 <sup>th</sup>	Contact from coach
October 22 <sup>nd</sup>	First game of the season
December 4 <sup>th</sup>	Last game before Christmas
January 28 <sup>th</sup>	Picture Day (time TBA)
January 6 <sup>th</sup> -8 <sup>th</sup>	City-wide tournament (U08-U12)
January 14 <sup>th</sup>	REZYSA games resume
March 17 <sup>th</sup>	REZYSA end of season tournament week 1
March 24 <sup>th</sup>	REZYSA end of season tournament week 2 REZYSA season end wrap up party
April 1 <sup>st</sup> (Tentative)	Timbits Tournament – Credit Union Eventplex (U4-U6)

**Location of games** - The soccer games will take place in the following locations:

- **Henry Braun School**, 710 Graham Road
- **W.F. Ready School**, 2710 Helmsing Street
- **Jack MacKenzie/St. Gabriel Schools**, 3860 E Buckingham Drive



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**Equipment requirements** – REZYSA will provide each participant with a jersey and socks. To participate children **must have shin guards** (which must be fully covered by socks or sweatpants), a REZYSA jersey and indoor **non-marking running shoes**. **Jeans, jean shorts, or any bottoms with belt loops ARE PROHIBITED and will not be permitted.** The jersey and socks are for each player to keep after the completion of the season.

**Jewelry policy** – To maintain the safety of all REZYSA Soccer participants, REZYSA has a strict no jewelry rule – **absolutely NO JEWELRY is permitted – taping is not an acceptable option. If the jewelry can't come off or the piercing can't come out, the child CANNOT play.**

**Fees** – All divisions receive jersey and socks. U04, U06 and U08 fees include a team picture and U08, U10, and U12 fees include entrance fees for the city-wide tournament on January 6-8<sup>th</sup>, weekend. On top of this your fees cover costs in a number of areas, including on-line registration, security, equipment and facilities. REZYSA is operated strictly on a cost recovery basis and the REZYSA Executive carefully manage costs to avoid increases where possible since it is our mandate to provide high quality, affordable, recreational soccer for your children.

**Coaches and Assistant Coaches – REZYSA never has enough coaches.** Coaches are integral to the success of your child's season. No experience is necessary. As in the past, REZYSA has arranged pre-season clinics for coaches from experienced soccer instructors. These are free clinics open to all coaches, assistant coaches and interested parents. **For more information or if you are willing to help out coaching your child's team then please email [contact@rezysa.com](mailto:contact@rezysa.com).**

**Referees** – The referees are an integral part of our sport and must be treated with respect at all times. All of our Referees are young soccer players who are still learning and trying to the best of their ability. Please treat them the way you would like your own child to be treated when developing their skills at their first job. If you have either praise or a concern with the referee from a game, please email the specific information to [refs@rezysa.com](mailto:refs@rezysa.com). **Abuse of referees by coaches, players, parents or spectators will not be tolerated.**

**Sportsmanship** – Above all, remember that REZYSA is recreational soccer; **children are playing soccer to have fun!** Coaches **must** strive for **equal playing time** and children must be allowed to learn and play the game in a supportive atmosphere.

**Contact information** – Any questions or concerns that you have now or during the season may be directed to REZYSA at the website at [www.rezysa.com](http://www.rezysa.com) or email [contact@rezysa.com](mailto:contact@rezysa.com).